

8 Sinkiang

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10 Sinkiang or Eastern (Chinese) Turkestan

from the mid-ninth century. things, the oldest printed book in the world - a Chinese woodblock print from the fifth to tenth centuries a.p. There was also, amongst other library of scrolls, written in a number of languages and scripts, dated one of these caves, walled up for nine hundred years, Stein found a huge and in 1907 their efforts were crowned by Sir Aurel Stein's discovery of Following this, numerous archaeological expeditions made for Sinkiang Turkestan scores of fragmented remains of ancient civilisations had been century - they heard rumours that somewhere in the deserts of Chinese the 'Caves of a thousand Buddhas', near the village of Tun-huang. In found preserved, apparently, as well as those in the deserts of Egypt. pleted the survey of Inner Asia – in the last two decades of the nineteenth WHEN EUROPEAN EXPLORERS AND GEOGRAPHERS had almost com-

became more inaccessible than ever. able to open several consulates. But with the rift between the two no travellers were allowed to visit it, and as far as we know no work has a brief spell of fame, Sinkiang fell again into obscurity. No scholars and Communist countries the Russians soon had to leave again and Sinkiang her influence in the area during the Chinese Civil War, and was even been done on any site. After World War II, Russia was able to increase Sinkiang became a contested area between Russia and China, and the Sinkiang sites, but unfortunately their time ran short. In the early 1920s Chinese authorities were extremely reluctant to let foreigners in. After Russian, Japanese, and, of course, British expeditions worked on the Shortly before and after World War I, several French, German,

and in particular to Sinkiang. He visited some of the known sites in Prague in 1962. Unfortunately, he was a philologist and not an and gave his account of them in the book Innermost Asia, published was allowed to undertake a major journey to Mongolia and China, However, in 1957 one Czech scholar, Professor Pavel Poucha,

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of the Discovery and Exploration of Chinese Turkestan A detailed survey of the exploration of Sinkiang may be found in Dabbs, History

archaeologist, and therefore the value of his book lies chiefly in its eyewitness quality.

The oases of the Tarim basin formed a semicircular belt north and south of Tarim. The northern part consisted of Turfan, Karashahr, Kucha, Aksu, Adzh-Turfan, and Kashgar in the extreme west. The southern belt included Lou-Lan, Khotan, and Yarkend, with openings south to the Karakorum passes (western Himalayas), and to India. In Tun-huang, in the east, the northern and southern roads coming from China divided to reunite again in Kashgar, in the west. According to Ptolemy, in one of the valleys of the Pamirs, on the road from Kashgar to Balkh, there was 'a tower of stone, where the Levantine and Chinese caravans exchanged their goods'.

a big migration movement which finally brought the Saka to southern dynasty was probably of Yue-che origin and their empire began as a defeated the Greek king Heliocles between 140 and 130 B.C. The Kushan mentions the Tokharoi and the Sakaraulai among the tribes who and the Yue-che to Bactria, which in some sources is called Tokharistan called Yue-che). The Huns pushed these Yue-che westwards and started Saka) and of 'Tokharian' origin in the north and north-east (the so-Europeans, of Iranian origin in the south-west (the Asian Scythians or Route. In those times most of the country was inhabited by Indoin the first century B.C., and thus established their control over the Silk power, it clashed with the Chinese on the western frontiers of Sinkiang, This movement marked the end of the Graeco-Bactrian Empire. Strabo Afghanistan, to the province of Sistan (which derives from Saka-stan), a detachment across the Parthian Empire to meet the Romans. The re-established Chinese control over the area. When some oases like in the later Han period, the dominance of the Tarim was again disputed at the end of the first century A.D. (see above, Chapter 2). By this time federation of Yue-che tribes. When this empire reached the peak of its perished in the deserts of Kashgaria, In A.D. 97, Pan-Chao dispatched Pan-Chao was able to isolate the Kushan expeditionary force, which Kucha applied for help to the Kushans who were their ethnic relatives, between the Chinese and the Huns. The famous General Pan-Chao for the otherwise unconfirmed legend that Pan-Chao's army pushed as soon decided to return home, but their venture probably gave grounds Chinese, frightened by the hostile reception they got from the Parthians, The Chinese first captured eastern Turkestan from the nomadic Huns

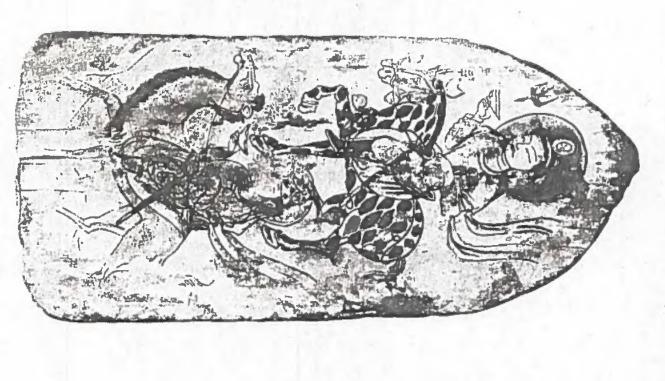


123 Kyzyl. Fresco (first half of the 7th century)

far west as the Aral Sea in pursuit of the Kushans. (Some sources even mention the Caspian Sea.)

Under the Han dynasty, when the Silk Route was firmly in Chinese hands, Buddhist religion, Indian literature, and Hellenistic art could take root in the Tarim oases. Indian missionaries followed this route when travelling to China to preach Buddhism. Graeco-Roman art came quite naturally with trade and religion. The southern road was probably used more frequently. Sir Aurel Stein found here, among other things, Roman coins of the Emperor Valens, Graeco-Buddhist bas-reliefs in the purest Gandhara style, Roman caskets, intaglios, and Indo-Scythian

The civilisation of Inner Asia at that time may be divided into two distinct longitudinal zones: in the north we encounter the art of the steppe, nomad art par excellence, characterised by bronze buckles and parts of harness in animal style, with purely ornamental tendencies; in the south, along the Silk Route, across the double belt of oases around the Tarim basin, we find the art of the sedentary peoples, paintings and



124 Dandan-Uilik. Painted wooden panel (7th century

sculptures directly inspired by Greek, Persian, and Indian art which was brought in and united by the Buddhist religion.

The first period of wall-paintings at Kyzyl – west of Kucha – is characterised by precise modelling, subdued and discreet colours, grey, brown-red, dark brown, and bright green, and may be dated from A.D. 450 to A.D. 650, approximately. Indian influence is still dominant here, but Sasanian elements may also be found, especially in the dress of the figures. The second period is dated by J. Hackin as A.D. 650 to A.D. 750. Modelling is less apparent, colours are brighter and Sasanian influence dominates both in the appearance and in the dress. In the military scenes, the knights of Kucha wear cone-shaped helmets, armour, and long lances reminiscent of Sasanian knights and, at the same time, of Sarmatian horsemen from the frescoes of Panticapaeum in the Crimea.

South of Tarim there is the same mixture of Persian and Buddhist elements, particularly in the paintings on wooden panels found at Dandan-Uilik, north-east of Khotan. Female nudes reminiscent of Ajanta, horsemen and camel-riders entirely Persian in their appearance, and a bearded Boddhisattva dressed more like a Persian nobleman all indicate both Persian and Buddhist influence. We may therefore conclude that before the conquest of the country by the Turkic tribes in the second half of the eighth century, the Indo-European oases both north and south of Tarim derived their culture from the great civilisations of India and Persia, and owed nothing to the civilisation of the steppes.⁵

Grousset has words of high praise for the society of Kucha in the seventh century.

This society, as we know it from the texts and frescoes of Kyzyl and Kumtura, seems a strange success, almost a paradox in time and space. It benefited from all the intellectual heritage of India, brought in by the Buddhist civilisation, and on the other side, used the caravan links with Iran to copy the material civilisation of Sasanian Persia. It seems like a dream, that such an elegant and sophisticated society could develop only a few days' ride from all these Turco-Mongolian hordes, on the border of all that barbarity, on the eve of being submerged by the most uncivilised of all primitives. It is a sheer miracle, that it could survive so long on the linges of the steppe, protected only by stretches of desert and threatened every day by the raids of the nomads.

Grousset, op. cit., p. 9r.
Grousset, op. cit., p. 9.
ibid., p. 92.

Buddhir Art in Central Asia, India Society, 1938.
Grousset, op. cit., p. 92; Dabbs, op. cit., p. 119.

While Kucha was mostly influenced by Persia, Turfan was more exposed to currents from China. Here the Indo-Persian elements gradually disappeared and merged with the cultural trends of the Tang dynasty. After all, Turfan was ruled by a Chinese dynasty from the beginning of the sixth century, but when the local ruler rebelled against the suzerainty of the Tang, a Chinese army occupied and annexed the oasis in A.D. 640. The Tang expansion westward continued, Karashahr and Kucha were defeated in turn, and the Indo-Persian civilisation was thus destroyed. Kashgar, Khotan, and Yarkend also recognised the supremacy of the Tang and the whole of Sinkiang was once again under Chinese rule. Karashahr, Kucha, Kashgar, and Khotan formed a Chinese defence-line called 'The Four Garrisons', but after the defeat by the Arabs in 751, the whole of Inner Asia was lost to the empire.

Turkish domination followed in Sinkiang. The Uighurs, originally a Turkic tribe from western Mongolia, appeared on the scene. They intervened in the Chinese Civil War, helping the Emperor Su-tsong, and were able to carve a vast empire of their own on the western fringes of China proper. Manichaeism, an amalgam of Persian Mazdeism and Nestorian Christianity, became their state religion, no doubt imported from Persia, when the followers of this sect were persecuted there by the Arabs. Nestorians came to Sinkiang most probably at the same time, and their colonies were the source of the medieval legends of Prester John.

In the ninth and at the beginning of the tenth centuries the Uighurs were squeezed out of Mongolia and came in great numbers to Sinkiang; up to the present day they represent the main element of the population and the official name of Sinkiang is now the Uighur Autonomous Republic. With the Manichaean religion the Uighurs also took over the Soghdian alphabet, derived from Syriac, and developed it into the famous Uighur script. This replaced the Turkish runic script of the Orkhon and was subsequently used by the Mongols of Chingiz-Khan and also by Timur, five hundred years later. Gradually, the influence of the Manichaeans and Nestorians faded, and the penetration of Islam began. In the twelfth century the population was already predominantly Muslim by religion and Turkic by ethnic origin, and it has remained so up to the present day.

The site of Tun-huang lies 14 miles north-west of the village and contains 480 caves. There are wall-paintings, statues, painted ceilings,



125 Tun-huang. Scroll painting. Oldest known block print (868)

and altars from the fourth to the fourteenth centuries, from the Northern Wei to the Yuan dynastics. One of the inscriptions gives the year A.D. 366 as the date when these cave-temples and shrines were founded. The caves of Tun-huang were known to Europe as early as 1879, when a Hungarian traveller visited them and later described them to Stein. Most of the buildings have now crumbled, no decorations from the earliest centuries survive, but in many caves there still stand statues of Buddhas and Boddhisattvas modelled out of stucco in Graeco-Bactrian or Gandhara style.

The iconography conforms to that established by Chinese artists of the first half of the fifth century. The majority of styles remain throughout predominantly Chinese, the Chinese element being the most clearly apparent in scenes illustrating the lives of monks and in the floral motifs.

In contrast, the draperies, poses, and facial expressions continue to be rendered with the severity which characterises the Graeco-Buddhist school.



126 Wall-painting of four female donors from Shorchuk (8th-9th century)

The walled-in library was discovered by a Taoist priest in 1900. He was restoring one of the wall-paintings when he noticed that underneath the fresco (in reality tempera) were bricks, not rock. He knocked a hole into the wall and found behind a room full of scrolls. Seven years later he met Aurel Stein, showed him his treasure, and sold him part of it. There were Buddhist religious texts from the fifth century, written in Chinese and in Brahmi; further Tibetan manuscripts; one of the oldest Tibetan chronicles covering the years 650 to -65; manuscripts written in the Iranian Soghdian language and Aramaic script; old Turkish Manichaean texts and also a Turkish book written in the Orkhon-Yenisei runic script, etc. Shortly after, the site was visited by P. Pelliot and he, too, managed to obtain a large quantity of manuscripts from the same sources. To Poucha 11 says that when he visited Tun-huang, several

1315

people were working on the maintenance of the temples and the protection of the rocks. He also quotes Chinese figures giving the number of sculptures in Tun-huang as 2,400 and the number of wall-paintings as one thousand. Highly praised are the small paintings on the temple ceilings, often depicting in a very lively way scenes from the everyday lives of ordinary people.

city of the Turfan oasis in the time of the Tang dynasty was not the silk were produced here. They are described by Talbot-Rice: centuries a remarkable series of portraits, now in East Berlin, painted on teries, and were built in Indo-Persian style. In the seventh to eighth where the mausoleum of the Uighur Manichaean kings stood. Pouchala were four gates and the streets connecting them crossed in the centre Idikut - the title of the Uighur ruler). The ruins of the city, walls of present town of Turfan, but a place called Idikut-Shahri (the city of about 80 per cent are Uighurs and only a thousand Chinese. The main although the population of the town is seventeen thousand, of which Suleiman-Wang, and some domed mazars in the Muslim cemeteries are sites in Sinkiang. Poucha12 describes the journey of 130 miles from thinks that all buildings here were religious, either temples or monas-The city walls with many towers are still partially preserved. There palaces, and temples are clearly discernible on the fringe of the desert. this was a main Uighur centre, but now the impression is rather bleak, the only significant buildings of the Muslim period. In the ninth century Crumchi, the present capital, to Turfan. An eighteenth-century minaret, The oasis of Turfan is, next to Tun-huang, one of the most important

In each case a single sitter was portrayed on a large silk panel in a hieratic pose, yet often shown holding a flower in one hand. The paintings combine physical exactitude with real psychological insight. Generally, only kings and soldiers of distinction appeared on these panels . . , certain items of their armour recall Assyrian models and others Gandharan ones, but those made of solid pieces of metal are obviously of local origin. The portraits foreshadow very similar pictures of far smaller size produced by Islamic painters in Persia. ¹⁴

Poucha also describes cave-temples in Sengim Agyz, near Turfan. visited and explored by von Le Coq and Aurel Stein. They are now heavily damaged, by weather and sand, and by the iconoclastic Muslims. Only the ceilings are still well preserved. Wall-paintings were mostly

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11 Dabbs, op. ett., p. 132.

taken down by the German expedition (cut off with a sword, according

of them were in the Tokharian (Kuchan) language. The city was shrines. Some domed structures in Persian style were tombs. Art objects similar to that of Idikut-Shahri. Shorchuk was a city of temples and but many of the manuscripts found here are older than that. destroyed by fire, some time in the second half of the eighth century, written in the Indian alphabet were found in one cave-temple; many found here by Le Coq were mostly in Gandhara style. Manuscripts Shorchuk are probably those of the ancient capital. The lay-out was In the oasis of Karashahr the ruins of what is now called the city of

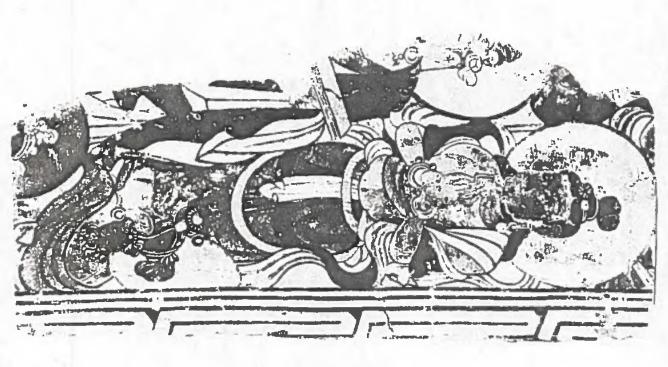
Everything else has been either taken away or destroyed. When a house caves with some inscriptions in runic or old Turkish script, in old female members, with typical dresses and arms. One of them depicts a whole Tokharian family, four male and two frescoes, which were not taken away by Le Coq fifty years previously Kumtura, copied some of the inscriptions, and also saw the remaining were so scared of charms that they burnt everything.16 Poucha visited tions was found. It was probably an old Turkish book, but the finders was recently built in Kumtura, a chest full of papers with runic inscrip-Uighur and in Sanskrit, as well as in another unknown language. In Kumtura, 15 miles from Kucha, there are about ninety Buddhist

paintings are older and show Indo-Iranian influence with some Hellento the eighth centuries. Other temples are domed as in Persia. Their religious purposes. In some were workshops, stores, and monks' cells high and cut 50 to 60 feet deep into the rock. Not all the caves served istic elements. In one of the biggest caves, Le Coq found a library with near the rear wall, stood the statue. Wall-paintings date from the fifth Each temple usually had an anteroom and behind it the shrine, where, Sanskrit and Tokharian, all very well preserved The caves at Kyzyl number 235. Some of the temples are 30 to 50 feet nanuscripts on palm-leaves, birch-bark, paper, and wood, with texts in Fifty other caves are in a place called Sim-Sim, 30 miles from Kucha.

Kucha, like Bamian,

paintings to survive in the district, notably at Kyzyl, date from the first developed into a leading centre of Hinayana Buddhism and the earliest

16 Poucha, op. air. p. 151.



751 Kumtura. Wall-painting of a Boddhisatva (Sth-9th Century

¹³ The Grunwedel-von Le Coq Expeditions are referred to by Dabbs, op. cit. 12700

century, whilst the latest are assigned to the eighth or very shortly after. The Persian elements quickly supplanted the Indian, to be in their turn overlaid in the sixth century by the Chinese.¹⁷

Where Indian influence was paramount, artists took an obvious interest in such technical matters as volumes, contours, and relief effects, but a century later, their figural paintings became flatter and more stylised. This is ascribed by some authors to the influence of Nestorian missionaries, who instinctively worked in the Byzantine manner.

to the Karategin valley and to the Amu Darya. Another led south across the city of Kashgar. Several branches of the southern alternative of the here, one road led west, either to the Ferghana valley or south of it Silk Route converged here with the northern alternative route. From 12 by 35 miles live almost half a million people; 150,000 of them live in was built two hundred years ago. In 1864 the Sinking Muslims rebelled with forty tombs, all adorned with blue glazed tiles and ornaments. It mausolea - the Ak-Mazar, tomb of Jalal ad-Din Baghdadi, the mazars of the Indus. Among Muslim monuments, Poucha mentions several the Kuen-Lun and Karakorum mountains to Gilgit and the valley of afterwards. The centre of his short-lived empire was the oasis in 1877 he was defeated by the Chinese commander and died shortly which was duly recognised by Britain, Russia, and Turkey. However, to Kashgar in 1866 and within a few months became ruler of a state. against the Manchu dynasty. An officer from Kokand, Yakub Beg, came Apa-Khoja and of Yusuf Kader Khan. Apa-Khoja is an important shrine The biggest oasis in the Tarim basin is Kashgar, where in an area of

Driving through Yarkend (approximately 24,000 inhabitants) to Khotan, Poucha noticed the ruins of Zegerlik-ya, a town inhabited three to four centuries ago, but now completely abandoned. Khotan, 200 miles east of Yarkend, is as near to India as it is to Tibet, and these two civilisations have equally influenced its history. The ruins of ancient Khotan, dating back from the Buddhist period, lie in the desert, 7 miles west of the modern city. Not far from here is Dandan-Uilk, an important site, where Stein discovered wall-paintings of Buddhas and Boddhisattvas, frescoes with legendary scenes, Chinese coins from the early eighth century, Sanskrit manuscripts, and other items, which proved that the place had been abandoned long before the arrival of Islam.¹⁵

Tilbor-Rice, of cit, p. 188

** Dabbs, op. 41. 2. 119.

1230

Talbor-Rice writes;19

When the small eighth-century temple was excavated, the external walls were found to have been adorned originally with paintings which included figural scenes. One showed a group of youths riding camels and horses. Some riders are Chinese looking, others Persian and more particularly Sasanian. All have haloes to indicate that they are not only legendary but also holy personages. Dandan-Uilik was abandoned in 791, but in Tang times Chinese influence had made itself particularly strongly felt there. 19

Not only was the Khotanese school strongly influenced by China, it was also highly appreciated there and Chinese artists were in turn influenced by it. It was also greatly esteemed in Tibet. Khotanese artists followed Buddhist monks there, bringing with them styles and traditions which they imposed on the Tibetans. All communities along the Tunhuang trade-route further east were profoundly influenced by the art of Khotan. In Miran, for instance, several monasteries were founded in the third and fourth centuries A.D. Many of their shrines were set up in caves, the walls and ceilings of which were covered with paintings. Miran's art stemmed from India and Gandhara, but it was of a subtler character than either of these and attached great importance to figural compositions. Also, the Gracco-Roman elements probably came to Miran directly through contacts with the West. Miran's style and iconography were then adopted by Tun-huang and numerous other centres in the eastern part of Sinkiang.

Chinese documents found in Dandan-Uilik date from the years 781-90. Obviously, the Tibetan invasion which marked the end of the Tang domination in the Tarim basin was also the reason why these places were abandoned. Other documents found here were in Khotanese Saka language, written in the Indian Brahmi alphabet; some others were in Sanskrit. The Saka texts were mostly translations from Sanskrit and Tibetan.

In Muslim Khotan, which is now a town of eighteen thousand inhabitants, Poucha²¹ mentions an old mosque, three hundred years old, and a mausoleum, 'Altun-Mazar' (Golden Tomb), with interesting ornaments in glazed tiles.

Niya is an important site on the river of that name, where in 1901 Stein found wooden tablets and manuscripts in Kharosthi and Sanskrit, as well as seals and figurines with motifs of Greek origin. Stein visited

the site again in 1906, and, among other things, found in the ruins of a large building a whole set of Kharosthi records and a cellar with a complete archive.

At Keriya, under a large Buddhist temple, Stein found a large number of manuscript leaves in Sanskrit, Chinese, and Khotanese, as well as wooden tablets with Tibetan and Khotanese inscriptions, dating from the eighth century.²²

22 Dabbs, op. cir., pp. 119, 133-4.



128 Dandan-Uilik, Wooden panel (c. 8th century)

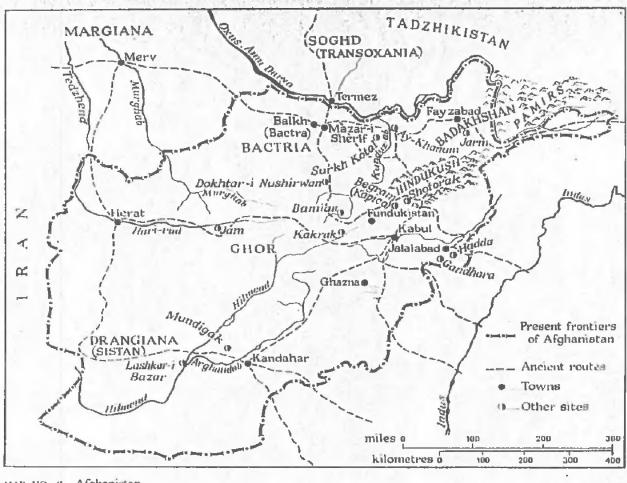
11 Afghanistan

in history'. Indeed, the territory of present-day Afghanistan was, throughout its history, a crossroads of important trade-routes which played a similar part here as they did north of the Oxus, in Transoxania. The main trade-route from Samarkand south to the river continued on the other bank to Balkh and further south, through the passes of the Hindu Kush, to Kabul and the valley of the Indus. In Balkh, which is identical with Bactra, the capital of the province of Bactria, this route crossed another, running east-west, which linked Persia with China, using the passes and mountain valleys of the Pamirs, or rather those between the Pamirs and the Transalai range. Another important route linked the cities of southern Persia with Kabul, via Herat.

It is along these routes that most of the archaeological sites and architectural monuments can be found. Archaeology in Afghanistan was by tradicion a domain of the French, and French expeditions, led by scholars like Paul Pelliot, Joseph Hackin, Roman Ghirshman, or Daniel Schlumberger, have done some excellent work here. For the purpose of this book, only those sites are mentioned which are either historically or culturally directly connected with Central Asia.

In prehistoric times the civilisation of Anau and Namazga-Tepe in Turkmenia had its counterpart in the Mundigak culture in Afghanistan. The site is 40 miles north-west of Kandahar and may be dated between the end of the fourth millennium and the year 500 B.C., comprising seven successive periods of settlements. It was probably in the third period, between the years 3000 and 2750 B.C., that the Mundigak settlers established links with southern Turkmenia.

Little has been found from the Achaemenid period when, with the campaigns of Cyrus, Afghanistan was brought within the sphere of the Persian Empire. But after the conquest of Alexander, the Graeco-Bactrian kingdom became one of the most important and influential areas of the Hellenistic world. This was the period of cultural interchange between the Greek and Buddhist worlds when such splendid artistic styles were produced as the so-called art of Gandhara. After a



MAP NO. 9 Afghanistan

the heartland of the Kushan Empire and the royal residences in Begram the first century B.C. to the second century A.D. and belonging to the art continued to flourish under the Kushan dynasty. Afghanistan was brief interlude of Scythian (Saka) invasion in the first century B.C., this Greek and Kushan periods. (Kapiça) and Surkh Kotal have yielded a wealth of objects dating from

are in the Kabul museum. pilgrims. Most of the Begram finds, bronzes, pottery, glass, ivories, etc., destroyed after the defeat of the Kushan king Vasudeva by the Sasanian the Chinese pilgrim Suen-Tsang came here, it was again a metropolis. king Shapur, in the third century A.D. But in the seventh century, when The Arabs conquered it in A.D. 698 and thus closed the road to Buddhist The Kushans built their summer residence here, but the city was again Gandhara, a province occupied by Cyrus, who also destroyed the city Begram (Kapiça), not far north of Kabul, was the capital of the ancient

p. 77). dress of the period, worn by Indo-Greeks all over the empire (see above, whose dress consisted of a long gown open in front, of long loose pants tied at the ankles, and of felt shoes. This, on the whole, was a typical square. One of them, fairly well preserved, is a man, probably a king, published. Statues of clay and limestone were found around the temple and proves beyond doubt that the acropolis of Surkh Kotal was built by King Kanishka. A full interpretation of the text has not yet been sents probably the most significant post-war archaeological discovery in Schlumberger and his team, an inscription was found which repreexcavation of the monumental temple staircase carried out in 1957 by other things, were found the ruins of a temple, probably of the fireriver, the Kunduz-ab, a tributary of the Amu Darya. Here amongst this part of the world. It contains twenty-five lines of Greek characters worshippers, founded by the Kushan king Kanishka. During the Surkh Kotal (first to second centuries A.D.) lies in the valley of a small

Buddhist civilisation and a Sasano-Buddhist art were born. Grousset Hackin. On the borders between India and Persia a whole Sasanobe seen from the Kushano-Sasanian coins studied by Herzfeld and be sought in Afghanistan. Here, in the vailey of Kabul, the last kings of end of the ancient period and the beginning of the Middle Ages must the Kushan dynasty were greatly influenced by Sasanian Persia, as can Grousser' suggests that the origins of the art of the Tarim basin at the